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Safety Caring Achievement Resilience Friendship

Activity sheet

‘How good a friend are you?’ Quiz

Q1. Your friend Zak is feeling nervous about going to the dentist. Do you…?

A.Tell them that you hate the dentist too and they might have to have a filling.

B. Tell them that it will probably be ok and that they won’t have to go again for another 6 months.

C. Start making drill noises and acting like a demon dentist!

Q2. Your friend Ali has just been chosen as the captain of the school team and they’re feeling really pleased with themselves. Do you…?

A. Say ‘That’s a big job. I’m not sure I’d want to do it.’

B. Say ‘Congrats, mate. You’ve been playing really well – you deserve it!’

C. Say ‘Big deal! Who wants to be captain anyway? It’s a rubbish job.’

Q3. Your friend Jay has just got a brand new skateboard and is really excited. You feel a little bit jealous, but do you…?

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A. Say ‘You’re so lucky. You always gets loads of good stuff!’

B. Say ‘Nice ‘deck, buddy! How about I get my ‘board and we can learn some tricks together?’

C. Grab it off them and run away, cackling evilly!

Q4. Your friend Toni tells you that she’s being bullied and it’s making her feeling really scared. Do you…?

A.Tell her that it will probably stop at some point and not to worry about it.

B. Ask her if she wants you to come with her to tell the teacher.

C. Tell her that it’s not your problem and to stop bothering you.

Q5. Your friend Kai’s pet rabbit has just died. Do you…?

A. Tell him a long, sad story about your favourite, dead pet.

B. Ask him if he wants to talk about it and then just listen.

C. Say: ‘It was just a rabbit! You can buy another one!’

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